

# CS794/CO673: Optimization for Data Science

## Lec 02: Gradient Descent

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September 16, 2022

# Problem

Unconstrained smooth minimization:

$$f_{\star} = \inf_{\mathbf{w} \in \mathbb{R}^d} f(\mathbf{w}).$$

- No constraint on the domain
- $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is smooth, e.g. continuously differentiable
- $f$  can be convex or nonconvex
- Minimizer may or may not be attained
- Maximization is just negation

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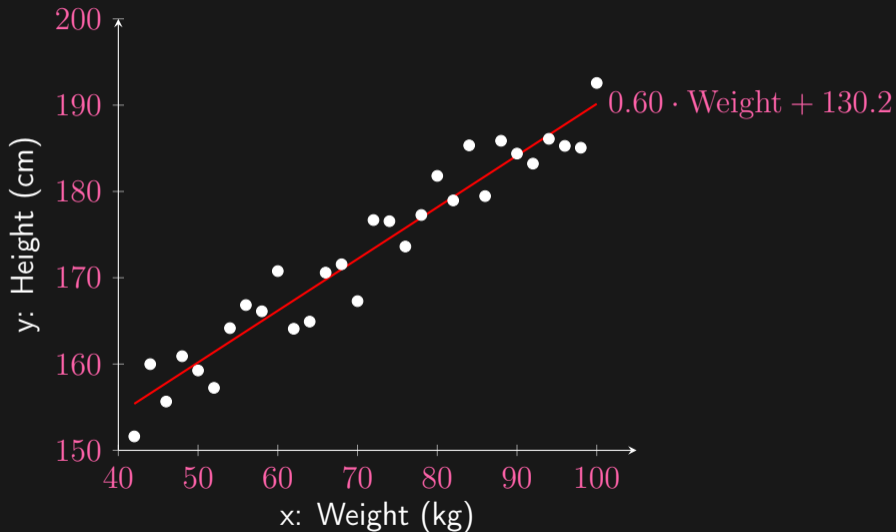
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# Linear Regression



# Linear Least Squares Regression

$$\min_{\mathbf{w}} \frac{1}{n} \sum_{i=1}^n (\langle \mathbf{x}_i, \mathbf{w} \rangle - y_i)^2 \equiv \min_{\mathbf{w}} \underbrace{\frac{1}{n} \|\mathbf{w}\mathbf{X} - \mathbf{y}\|_2^2}_{f(\mathbf{w})}$$

- $\mathbf{X} = [\mathbf{x}_1, \dots, \mathbf{x}_n] \in \mathbb{R}^{p \times n}$
- $\mathbf{y} = [y_1, \dots, y_n] \in \mathbb{R}^n$
- $\mathbf{w} \in \mathbb{R}^p$
- Clearly,  $f$  is quadratic and hence (continuously) differentiable
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# Calculus Detour

(Fréchet) Derivative  $f'$  of a function  $f$  at  $\mathbf{w}$ :

$$\lim_{\mathbf{0} \neq \mathbf{z} \rightarrow \mathbf{0}} \frac{\|f(\mathbf{w} + \mathbf{z}) - f(\mathbf{w}) - f'(\mathbf{w})(\mathbf{z})\|}{\|\mathbf{z}\|} \rightarrow 0$$

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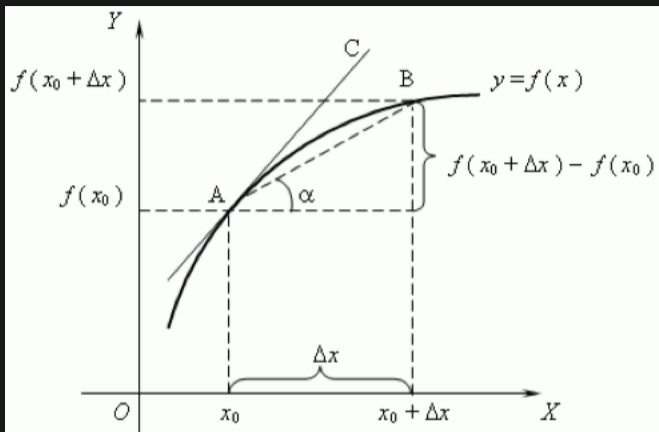
Example: Quadratic function  $f(\mathbf{w}) = \langle \mathbf{w}, A\mathbf{w} + \mathbf{b} \rangle + c$

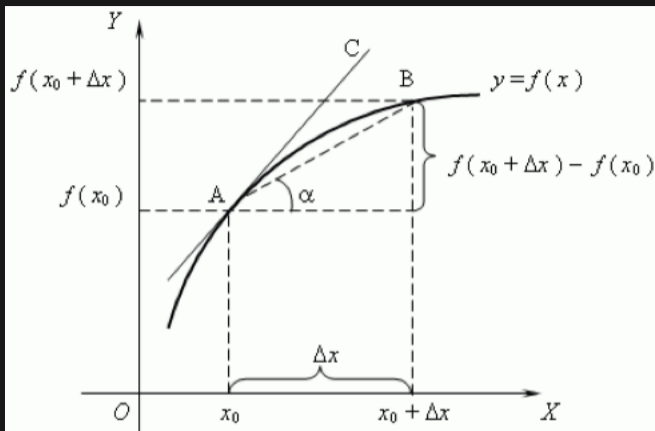
$$f(\mathbf{w} + \mathbf{z}) = \langle \mathbf{w} + \mathbf{z}, A\mathbf{w} + A\mathbf{z} + \mathbf{b} \rangle + c$$

$$f(\mathbf{w} + \mathbf{z}) - f(\mathbf{w}) = \langle \mathbf{w}, A\mathbf{z} \rangle + \langle \mathbf{z}, A\mathbf{w} \rangle + \langle \mathbf{z}, A\mathbf{z} \rangle + \langle \mathbf{z}, \mathbf{b} \rangle$$

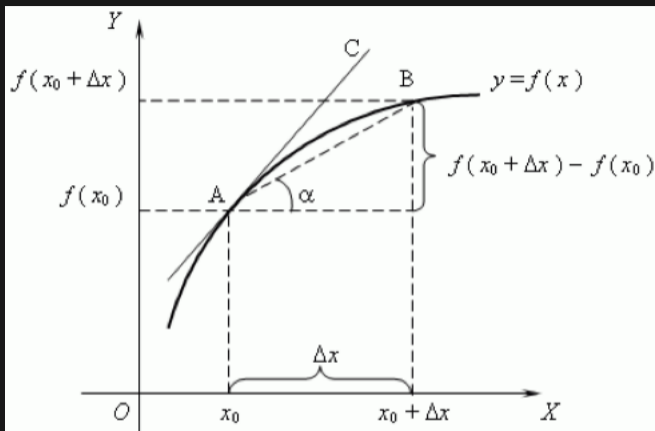
$$f'(\mathbf{w})(\mathbf{z}) = \langle (A + A^\top)\mathbf{w} + \mathbf{b}, \mathbf{z} \rangle$$

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- Chain rule:  $(f \circ g)'(\mathbf{w})(\mathbf{z}) = f'[g(\mathbf{w})][g'(\mathbf{w})(\mathbf{z})]$
- Often suffices to take:  $[f'(\mathbf{w})]_j = \partial_j f(w_1, \dots, w_j, \dots, w_d)$



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## Example: Logistic Loss

$$\begin{aligned}f(\mathbf{w}) &= \langle \log[1 + \exp(-\mathbf{w}\mathbf{A})], \frac{1}{n} \cdot \mathbf{1} \rangle \\df(\mathbf{w}) &= \langle d \log[1 + \exp(-\mathbf{w}\mathbf{A})], \frac{1}{n} \cdot \mathbf{1} \rangle + \langle \log[1 + \exp(-\mathbf{w}\mathbf{A})], d \frac{1}{n} \cdot \mathbf{1} \rangle \\&= \left\langle \frac{-\exp(-\mathbf{w}\mathbf{A})}{1 + \exp(-\mathbf{w}\mathbf{A})} d\mathbf{w} \cdot \mathbf{A}, \frac{1}{n} \cdot \mathbf{1} \right\rangle \\&= \left\langle d\mathbf{w}, \frac{-\exp(-\mathbf{w}\mathbf{A})}{1 + \exp(-\mathbf{w}\mathbf{A})} \cdot \frac{1}{n} \cdot \mathbf{1}\mathbf{A}^\top \right\rangle \\\nabla f(\mathbf{w}) &= \frac{df(\mathbf{w})}{d\mathbf{w}} = \frac{1}{n} \cdot \frac{-\exp(-\mathbf{w}\mathbf{A})}{1 + \exp(-\mathbf{w}\mathbf{A})} \mathbf{A}^\top\end{aligned}$$

- Recall  $\mathbf{w} \in \mathbb{R}^p$ ,  $\mathbf{A} \in \mathbb{R}^{p \times n}$
- What is the dimension of our gradient  $\nabla f(\mathbf{w})$ ?

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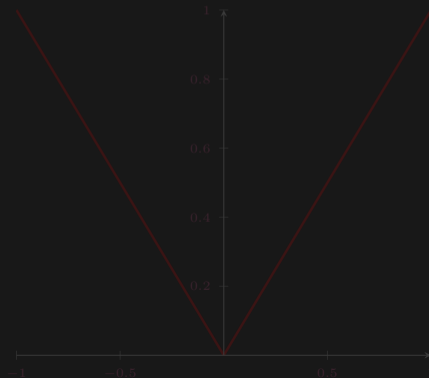
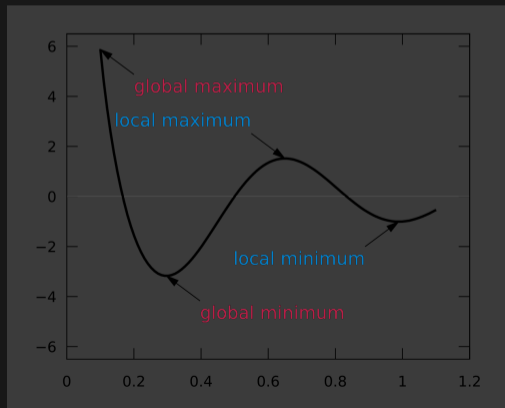
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# Optimality Condition

Theorem: Fermat's necessary condition for extremity

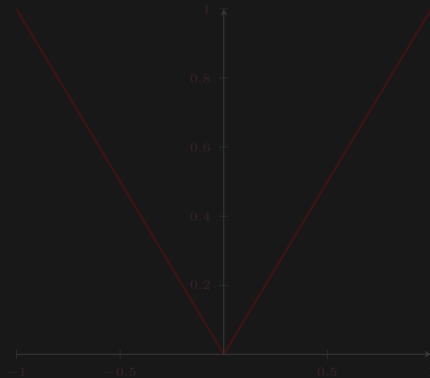
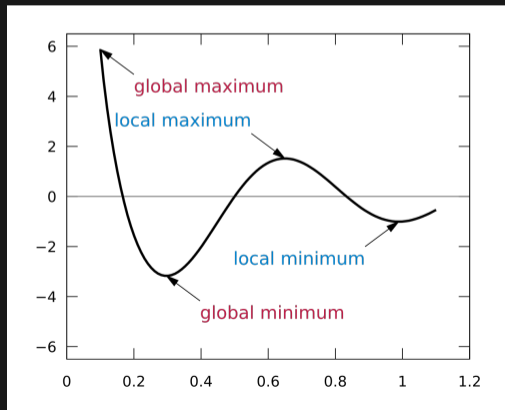
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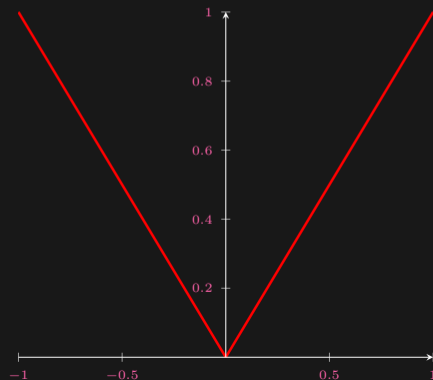
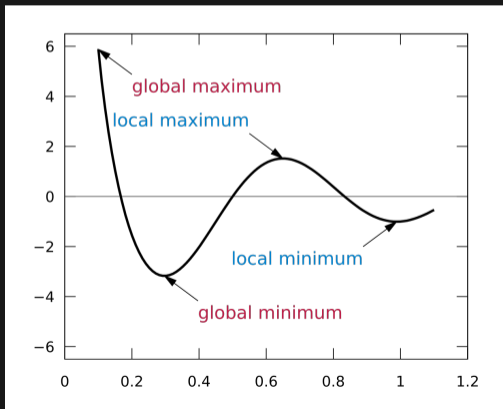
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# Gradient Descent

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**Algorithm 1:** Richardson's first-order extrapolation for linear systems

---

**Input:**  $\mathbf{w}_0 \in \mathbb{R}^d$ ,  $A \in \mathbb{R}^{d \times d}$ ,  $\mathbf{b} \in \mathbb{R}^d$

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1 for  $t = 0, 1, \dots$  do
2    $\mathbf{g}_t \leftarrow A\mathbf{w}_t - \mathbf{b}$  // "gradient"
3    $\mathbf{w}_{t+1} \leftarrow \mathbf{w}_t - \eta_t \mathbf{g}_t$  //  $\eta_t$  is the step size
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**Algorithm 2:** Gradient descent for unconstrained smooth minimization

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**Input:**  $\mathbf{w}_0 \in \mathbb{R}^d$ , smooth function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$

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- Repeatedly subtract a multiple of the gradient

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# Intuition

$$\begin{aligned} f(\mathbf{w}_{t+1}) &= f(\mathbf{w}_t - \eta_t \nabla f(\mathbf{w}_t)) \\ &= f(\mathbf{w}_t) - \eta_t \langle \nabla f(\mathbf{w}_t), \nabla f(\mathbf{w}_t) \rangle + o(\eta_t) \\ &= f(\mathbf{w}_t) - \eta_t \underbrace{\|\nabla f(\mathbf{w}_t)\|_2^2}_{\geq 0} + o(\eta_t) \end{aligned}$$

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# Lipschitz Continuity = Bounded Derivative

Theorem:

Let  $T : \mathbb{R}^d \rightarrow \mathbb{R}^m$  be differentiable. Then,  $T$  is  $L$ -Lipschitz continuous:

$$\|T(\mathbf{w}) - T(\mathbf{z})\| \leq L\|\mathbf{w} - \mathbf{z}\|$$

if and only if

$$\sup_{\mathbf{w}} \|T'(\mathbf{w})\| = \sup_{\mathbf{w}} \sup_{\|\mathbf{z}\| \leq 1} \|T'(\mathbf{w})(\mathbf{z})\| \leq L.$$

- Lipschitz continuity: output change is bounded by input change
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# L-smoothness

We call a differentiable function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  L-smooth if for all  $\mathbf{w}$  and  $\mathbf{z}$ :

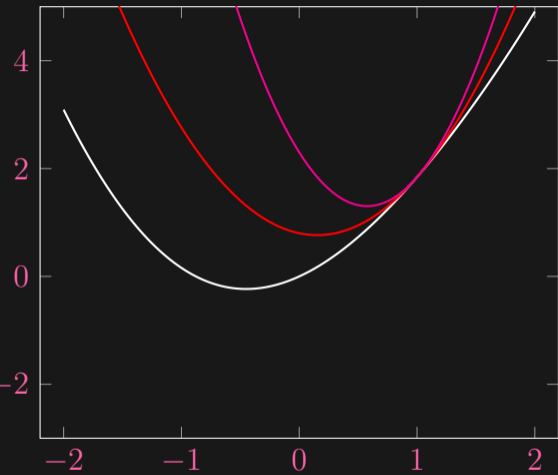
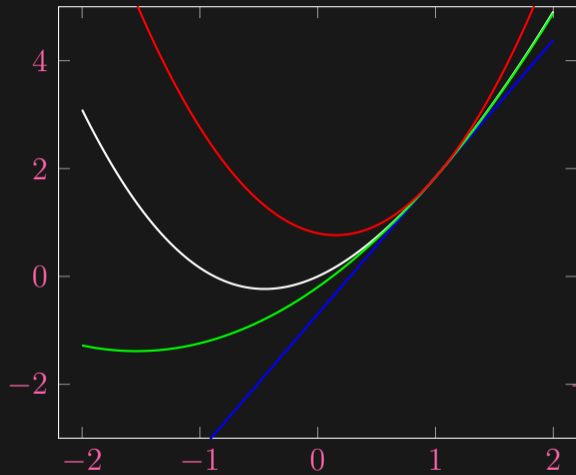
$$f(\mathbf{z}) \leq f(\mathbf{w}) + \underbrace{f'(\mathbf{w})(\mathbf{z} - \mathbf{w})}_{\langle \mathbf{z} - \mathbf{w}, \nabla f(\mathbf{w}) \rangle} + \frac{L}{2} \|\mathbf{z} - \mathbf{w}\|^2$$

## Theorem: Characterizing L-smoothness

Consider the following statements for a real-valued smooth function:

- (I). **Vector-valued** derivative  $f' : \mathbb{R}^d \rightarrow \mathbb{R}^d$  is L-Lipschitz continuous
- (II). **Matrix-valued** second-order derivative  $f'' : \mathbb{R}^d \rightarrow \mathbb{R}^{d \times d}$  is L-bounded
- (III). **Real-valued** functions  $\pm f$  are L-smooth

Then, (I)  $\iff$  (II)  $\implies$  (III). If  $f$  is convex or the norm is Euclidean, then all three are equivalent.



# Importance of $L$ -smoothness

$$f(\mathbf{w}) \leq f(\mathbf{w}_t) + \langle \mathbf{w} - \mathbf{w}_t, \nabla f(\mathbf{w}_t) \rangle + \frac{1}{2\eta_t} \|\mathbf{w} - \mathbf{w}_t\|_2^2$$

- RHS is a quadratic function of  $\mathbf{w}$
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## Example: Logistic Loss

$$f(\mathbf{w}) = \langle \log[1 + \exp(-\mathbf{w}\mathbf{A})], \frac{1}{n} \cdot \mathbf{1} \rangle$$

$$\nabla f(\mathbf{w}) = \frac{df(\mathbf{w})}{d\mathbf{w}} = \frac{1}{n} \cdot \frac{-\exp(-\mathbf{w}\mathbf{A})}{1 + \exp(-\mathbf{w}\mathbf{A})} \mathbf{A}^\top = \frac{1}{n} \cdot \left[ \frac{1}{1 + \exp(-\mathbf{w}\mathbf{A})} - 1 \right] \mathbf{A}^\top$$

$$d\nabla f(\mathbf{w}) = \frac{1}{n} d \frac{1}{1 + \exp(-\mathbf{w}\mathbf{A})} \cdot \mathbf{A}^\top = \frac{1}{n} \frac{\exp(-\mathbf{w}\mathbf{A})}{[1 + \exp(-\mathbf{w}\mathbf{A})]^2} d\mathbf{w}\mathbf{A} \cdot \mathbf{A}^\top$$

$$= d\mathbf{w} \cdot \frac{1}{n} \mathbf{A} \operatorname{diag} \left( \frac{\exp(-\mathbf{w}\mathbf{A})}{[1 + \exp(-\mathbf{w}\mathbf{A})]^2} \right) \mathbf{A}^\top$$

$$\nabla^2 f(\mathbf{w}) = \frac{1}{n} \mathbf{A} \operatorname{diag} \left( \frac{\exp(-\mathbf{w}\mathbf{A})}{[1 + \exp(-\mathbf{w}\mathbf{A})]^2} \right) \mathbf{A}^\top \preceq \frac{1}{n} \mathbf{A}\mathbf{A}^\top$$

$$\sup_{\mathbf{w}} \|\nabla^2 f(\mathbf{w})\|_{\text{sp}} \leq \left\| \frac{1}{n} \mathbf{A}\mathbf{A}^\top \right\|_{\text{sp}} = \frac{1}{n} \|\mathbf{A}\|_{\text{sp}}^2 \leq \frac{1}{n} \|\mathbf{A}\|_{\text{F}}^2$$

## Theorem: Convergence of gradient descent for L-smooth functions

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be L-smooth and bounded from below (i.e.  $f_* > -\infty$ ). If the step size  $\eta_t \in [\alpha, \frac{2}{L} - \beta]$  for some  $\alpha, \beta > 0$ , then the gradient descent iterate  $\{\mathbf{w}_t\}$  satisfies  $\nabla f(\mathbf{w}_t) \rightarrow \mathbf{0}$ . Moreover,

$$\min_{0 \leq t \leq T-1} \|\nabla f(\mathbf{w}_t)\|_2 \leq \sqrt{\frac{2[f(\mathbf{w}_0) - f_*]}{\alpha\beta LT}}.$$

Can tune  $\alpha$  and  $\beta$  to optimize the bound: since  $\alpha + \beta \leq \frac{2}{L}$ , the minimum is achieved when  $\alpha = \beta = \frac{1}{L}$ , and the bound reduces to

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$$\begin{aligned} f(\mathbf{w}_{t+1}) &= f(\mathbf{w}_t - \eta_t \nabla f(\mathbf{w}_t)) \leq f(\mathbf{w}_t) - \eta_t \|\nabla f(\mathbf{w}_t)\|_2^2 + \frac{L\eta_t^2}{2} \|\nabla f(\mathbf{w}_t)\|_2^2 \\ &= f(\mathbf{w}_t) - \eta_t \left(1 - \frac{L\eta_t}{2}\right) \|\nabla f(\mathbf{w}_t)\|_2^2. \end{aligned}$$

- If  $\eta_t \leq \frac{2}{L}$  and  $\eta_t > 0$ , then  $f(\mathbf{w}_{t+1})$  strictly decrease function value
- Rearranging
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# Remarkable Properties

- Rate of convergence is proportional to the Lipschitz smoothness  $L$ : the bigger  $L$  is, the smaller the step size  $\eta = \frac{1}{L}$  has to be since the function  $f$  becomes steeper.
- If we start from some point  $\mathbf{w}_0$  whose function value is closer to the infimum  $f_*$ , then the gradient diminishes faster to zero.
- Very importantly, the rate of convergence does not depend on  $d$ , the dimension, at all!
- The  $1/\sqrt{T}$  rate of convergence for the gradient is essentially tight<sup>1</sup>.

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