

# CS 489 / 698: Software and Systems Security

## **Module 2: Program Security (Defenses)** runtime sanity checking

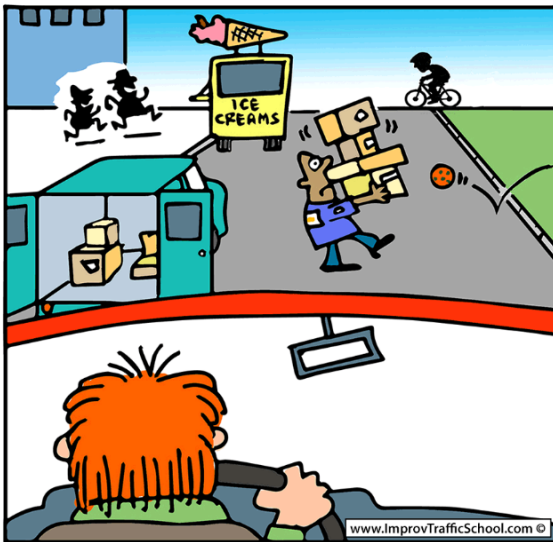
Meng Xu (*University of Waterloo*)

Spring 2023

# Outline

- 1 Introduction
- 2 Paranoid runtime checking
- 3 Shadow execution
- 4 Reference monitor
- 5 Aspect-oriented programming
- 6 Control-flow integrity

# Defensive driving



# Defensive programming

Like defensive driving, [defensive programming](#) requires the developer to **anticipate** what might go wrong in the software and program defensively against these anticipated issues, potentially [with the help of compiler, runtime, or even external auditors](#).

# Defensive programming

## Driving

---

Follow traffic rules  
Follow local customs

---

## Programming

---

Follow typing rules  
Follow coding conventions

---

In **normal** paradigm: expect others to follow the rules

In **defensive** paradigm: expect others to ignore / by-pass the rules

# Defensive programming

## Driving

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Follow traffic rules  
Follow local customs

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## Programming

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Follow typing rules  
Follow coding conventions

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In **normal** paradigm: expect others to follow the rules

In **defensive** paradigm: expect others to ignore / by-pass the rules

*Apply defensive actions at the cost of performance*

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# Paranoia

Defining **paranoia**:

*a mental condition characterized by delusions of **persecution**, **unwarranted jealousy**, or **exaggerated self-importance**, typically elaborated into an organized system.*



# Example: NULL-check for every pointer access

```
1 int foo_inner(int *ptr) {
2     return *ptr;
3 }
```

```
1 int foo_outer(int arg) {
2     // guaranteed non-null
3     return foo_inner(&arg);
4 }
5
6 int foo_inner(int *ptr) {
7     return *ptr;
8 }
```

```
1 int foo_inner(int *ptr) {
2 + if (ptr == NULL) {
3 +     abort("nullptr exception");
4 + }
5     return *ptr;
6 }
```

---

```
1 int foo_outer(int arg) {
2     // guaranteed non-null
3     return foo_inner(&arg);
4 }
5
6 int foo_inner(int *ptr) {
7 + if (ptr == NULL) {
8 +     abort("nullptr exception");
9 + }
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11 }
```

# Example: NULL-check for every pointer access

```
1 int foo_inner(int *ptr) {  
2     return *ptr;  
3 }
```

```
1 int foo_outer(int *ptr) {  
2     *ptr = 42;  
3     // guaranteed non-null  
4     return foo_inner(ptr);  
5 }  
6  
7 int foo_inner(int *ptr) {  
8     return *ptr;  
9 }
```

```
1 int foo_inner(int *ptr) {  
2 + if (ptr == NULL) {  
3 +     abort("nullptr exception");  
4 + }  
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```
1 int foo_outer(int *ptr) {  
2 + if (ptr == NULL) {  
3 +     abort("nullptr exception");  
4 + }  
5     *ptr = 42;  
6     // guaranteed non-null  
7     return foo_inner(ptr);  
8 }  
9  
10 int foo_inner(int *ptr) {  
11 + if (ptr == NULL) {  
12 +     abort("nullptr exception");  
13 + }  
14     return *ptr;  
15 }
```

# Is this really a paranoia?

# Is this really a paranoia?

This paranoid check is actually happening in Java / Python / ....  
- therefore, this is not a stupid idea.

It helps to guard against a very subtle and implicit assumption:  
**what if `foo_inner()` is not an internal function anymore?**

## Undefined behavior sanitizer (UBSan)

NULL-pointer dereference is just one case of undefined behaviors, there are many other cases of undefined behaviors in C-like languages. [UBSan](#) in the LLVM compiler toolchain provides a comprehensive list of checkers.

# Undefined behavior sanitizer (UBSan)

NULL-pointer dereference is just one case of undefined behaviors, there are many other cases of undefined behaviors in C-like languages. **UBSan** in the LLVM compiler toolchain provides a comprehensive list of checkers.

- `-fsanitize=bool`  
Load of a bool value which is neither true nor false.
- `-fsanitize=bounds`  
Out of bounds indexing, in cases where the bound is statically known
- `-fsanitize=function`  
Indirect call of a function through a pointer of the wrong type
- `-fsanitize=null`
- `-fsanitize=integer-divide-by-zero`
- `-fsanitize=integer-overflow`
- ...

# Undefined behavior sanitizer (UBSan)

**Q:** What do the checks in UBSan have in common?

# Undefined behavior sanitizer (UBSan)

**Q:** What do the checks in UBSan have in common?

**A:** They are **stateless** sanity checks, i.e., the execution can be considered as either valid or invalid by simply examining the statement / instruction and its operand.

As a consequence, sanity checks in UBSan are independent to each other (allows modularity), easy to instrument at compile time, and less expensive (performance-wise) to check at runtime. Typical runtime overhead of UBSan is 20%.



# But UBSan is far from enough

- `-fsanitize=bounds`

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- `-fsanitize=bounds`

Out of bounds indexing, in cases where the bound is statically known

**Q:** What about cases where bounds cannot be statically determined?

```
1 long* mk_array(int len) {
2     return malloc(sizeof(long) * len);
3 }
4 void set_value(long *arr, int idx, long val) {
5     arr[idx] = val;
6 }
7 long get_value(long *arr, int idx) {
8     return arr[idx];
9 }
```

## Recall memory safety definition

At any point of time during the program execution,  
for any object in memory, we know its

(**object\_id**, size [int], status [alloc|init|dead])

At the same time, for each memory access, we know:

- Memory read: (**object\_id**, offset [int], length [int])
- Memory write: (**object\_id**, offset [int], length [int]), \_)
- Memory free: (**object\_id**)

Violation of spatial safety:

- offset + length  $\geq$  size
- offset < 0

Violation of temporal safety:

- Read: status  $\neq$  init
- Write: status  $==$  dead
- Free: status  $==$  dead

## On the practicality of these checks

This full-suite of memory safety check is **inpractical**. The performance overhead is at least 200% if not more, making it impossible to be deployed in production systems <sup>1</sup>.

---

<sup>1</sup>In fact, I am not aware of any tool that strictly follows the above definition. Practicality aside, such a tool is extremely valuable as a debugging tool that runs during testing time. Implementing such a tool does not seem to be very difficult in LLVM, so let me know if you are interested in this direction.

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# A typical technique in sanitizers



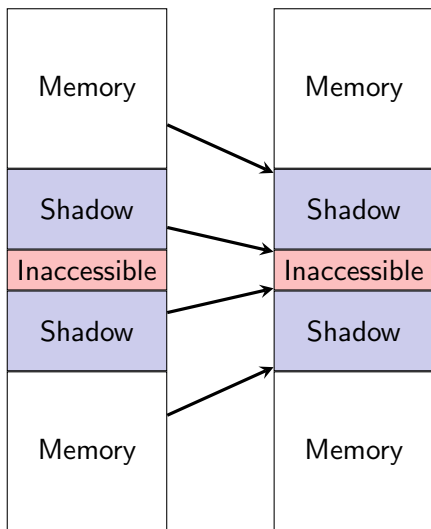
Credits / Trademark: World Atlas

## Case study: AddressSanitizer (ASan)

ASan is an efficient and industrial-grade implementation of memory error detector in both LLVM and GCC.

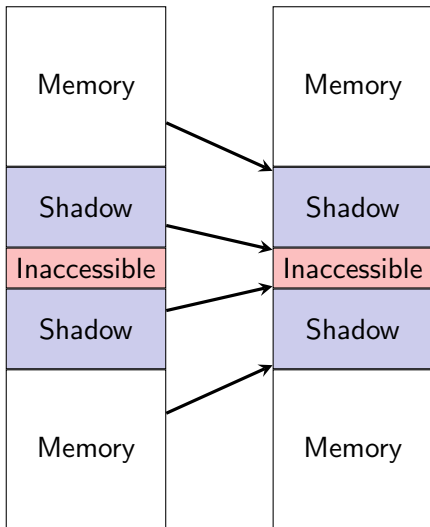
The alleged runtime overhead of ASan is 70% on average, making it almost suitable to run in production environment. A series of follow-up work further improves the overhead situation.

# ASan: shadow memory





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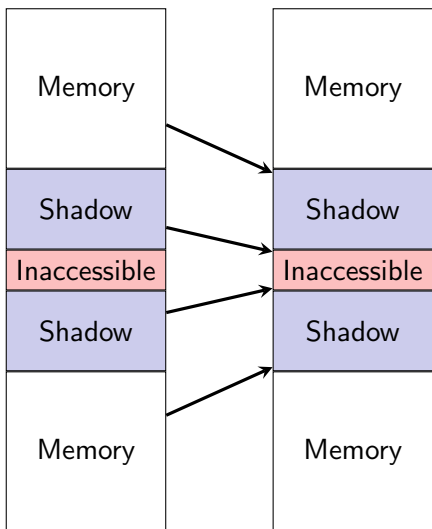


## Fact 1: fast shadow translation

Shadow = (Mem >> 3) + 0x7fff8000;

[0x10007fff8000, 0x7fffffffffffff]	HighMem
[0x02008fff7000, 0x10007fff7fff]	HighShadow
[0x00008fff7000, 0x02008fff6fff]	ShadowGap
[0x00007fff8000, 0x00008fff6fff]	LowShadow
[0x000000000000, 0x00007fff7fff]	LowMem

# ASan: shadow memory



## Fact 1: fast shadow translation

Shadow = (Mem >> 3) + 0x7fff8000;

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[0x000000000000, 0x00007fff7fff]	LowMem

## Fact 2: compact representation

By default, ASan maps 8 bytes of the application memory into 1 byte of the shadow memory (*1 bit per byte*).

# ASan: instrumentation for shadow memory

```
1 void foo() {
2     // instrumentation around a stack object
3     char redzone1[32]; // 32-byte aligned
4     char a[8];
5     char redzone2[24]; // 32-byte aligned
6
7     // instrumentation before return address
8     char redzone3[32]; // 32-byte aligned
9     int *shadow_base = MemToShadow(redzone1);
10
11     // poison redzone1
12     shadow_base[0] = 0xffffffff;
13     // poison redzone2, unpoison 'a'
14     shadow_base[1] = 0xffffffff00;
15     // poison redzone3
16     shadow_base[2] = 0xffffffff;
17
18     ...
19
20     // unpoison all
21     shadow_base[0] = shadow_base[1] = shadow_base[2] = 0;
22     return;
23 }
```

# ASan: instrumentation for sanity check

Before:

```
*address = ...; // or: ... = *address;
```

After:

```
if (*MemToShadow(address) != 0) {  
    ReportError(address, ...);  
}  
*address = ...; // or: ... = *address;
```

# ASan: instrumentation for temporal rules

```
1 void f() {
2   int *p;
3   if (b) {
4     int x[10];
5     p = x;
6   }
7   *p = 1;
8 }

1 void f() {
2   int *p;
3   if (b) {
4 +   __asan_unpoison_stack_memory(x);
5     int x[10];
6     p = x;
7 +   __asan_poison_stack_memory(x);
8   }
9   *p = 1;
10 +  __asan_unpoison_stack_memory(frame);
11 }
```

# ASan: limitations

- Continuous overrun detection only
- Limited protection on use-after-free
- Incompatible with other security schemes (e.g., UBSan)
- Not suitable for library developers
  - It is not possible to use an application that is not using ASan with a library that has been compiled with ASan.

## Bonus: why Java can do it efficiently?

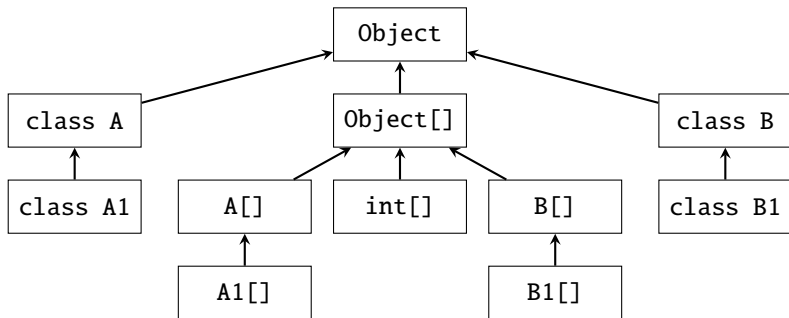
An example of the famous `ArrayIndexOutOfBoundsException`

```
1 String[] names = { "tom", "bob", "harry" };
2 for (int i = 0; i <= names.length; i++) {
3     System.out.println(names[i]);
4 }
```

But we are never told that Java has a 70% overhead sanitizer running — *how is this possible?*

## Bonus: why Java can do it efficiently?

The key answer is: Java does not allow **arbitrary casting**.



- Upward cast is always allowed.
- Downward cast may be allowed.
- Re-interpret cast is never allowed.



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# A simple example

Compute the value of  $A_{20}$  given the following definition<sup>2</sup>.

$$A_0 = \frac{11}{2}$$

$$A_1 = \frac{61}{11}$$

$$A_{n+2} = 111 - \frac{1130 - \frac{3000}{A_n}}{A_{n+1}}$$

---

<sup>2</sup>Example taken from Jose Ignacio Requeno's slides at TAROT 2022 summer school which further acknowledges Cesar Munoz (NASA, Langley) for the code.

# Java implementation

```
1 public class Mya {
2
3     static double A(int n) {
4         if (n == 0) {
5             return 11 / 2.0;
6         }
7         if (n == 1) {
8             return 61 / 11.0;
9         }
10
11         return 111 - (1130 - 3000 / A(n - 2)) / A(n - 1);
12     }
13
14     public static void main(String [] argv) {
15         for (int i = 0; i <= 20; i++) {
16             System.out.println("A(" + i + ") = " + A(i));
17         }
18     }
19
20 }
```

# The solution (?)

```
1 A(0) = 5.5
2 A(1) = 5.545454545454546
3 A(2) = 5.5901639344262435
4 A(3) = 5.633431085044251
5 A(4) = 5.674648620514802
6 A(5) = 5.713329052462441
7 A(6) = 5.74912092113604
8 A(7) = 5.781810945409518
9 A(8) = 5.81131466923334
10 A(9) = 5.83766396240722
11 A(10) = 5.861078484508624
12 A(11) = 5.883542934069212
13 A(12) = 5.935956716634138
14 A(13) = 6.534421641135182
15 A(14) = 15.413043180845833
16 A(15) = 67.47239836474625
17 A(16) = 97.13715118465481
18 A(17) = 99.82469414672073
19 A(18) = 99.98953968869486
20 A(19) = 99.9993761416421
21 A(20) = 99.99996275956511
```

# Should we trust the solution?

In fact, mathematically, for any  $n \geq 0$ , the value of  $A_n$  can be computed as following:

$$A_n = \frac{6^{n+1} + 5^{n+1}}{6^n + 5^n}$$

Where

$$\lim_{n \rightarrow \infty} A_n = 6$$

Therefore, we expect

$$A_{20} \approx 6$$

# Runtime verification (RV)

**Verification** technique that allow for checking whether a specific **run** of a program under scrutiny **satisfies or violates** a given property.

# Runtime verification (RV)

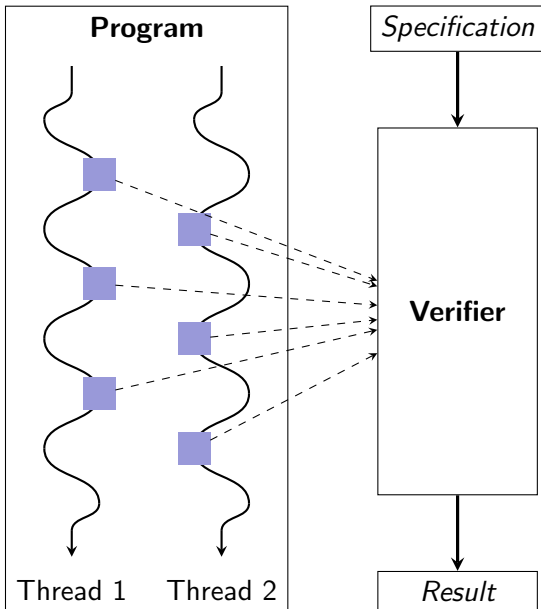
**Verification** technique that allow for checking whether a specific **run** of a program under scrutiny **satisfies or violates** a given property.

The word “*verification*” here is really misleading. It is not the same meaning as in formal verification. Instead, it is more like **validation**.

The following may help clarify the differences between **validation** (i.e., runtime verification) and **verification** (i.e., formal verification).

- **Validation**: “are we building the right product?”
- **Verification**: “are we building the product right?”

# General framework

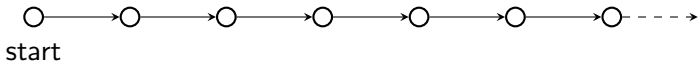




# How to express the specification?

We are trying to specify behaviors of a program **over time**, i.e., over a sequence of states  $S_0, S_1, \dots$ , (potentially endless).

The corresponding mathematical construct we are looking at is called **temporal logic**, and in particular, concerning a single run of a program, the logic is **linear temporal logic (LTL)**.



# LTL specification

In LTL, the specifications are built from:

- Primitive properties of individual states.
  - e.g., “traffic light is green”, “lock is acquired”, “object is initialized”
- Propositional connectives:  $\wedge$ ,  $\vee$ ,  $\neg$ ,  $\rightarrow$
- **Temporal** connectives:
  - $X\phi$ :  $\phi$  is true in the **neXt** state.
  - $G\phi$ :  $\phi$  is true **Globally**, i.e., in current and all future states.
  - $F\phi$ :  $\phi$  is true in some **Future** state.
  - $\phi U \gamma$ :  $\phi$  continues to hold true in future states **Until** reaching a state where  $\gamma$  starts to be true.

# LTL examples

- **Temporal** connectives:
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  - $\phi U \gamma$ :  $\phi$  continues to hold true in future states **Until** reaching a state where  $\gamma$  starts to be true.
- Examples:
  - $win\_lottery \rightarrow |G|rich$
  - $\neg homework \wedge party \rightarrow |X|\neg homework$
  - $start\_lecture \rightarrow talk|U|end\_lecture$
  - $(\neg passport \vee \neg ticket) \rightarrow |F|\neg board\_flight$

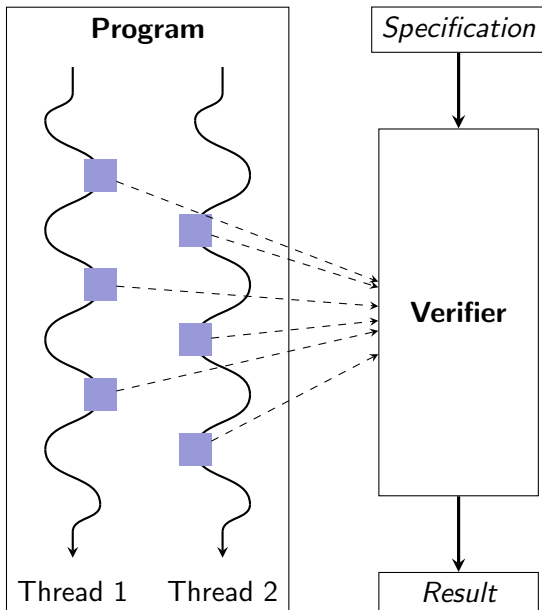
# Type of properties

- Safety property: something bad will not happen
  - e.g.,  $|G|(green \rightarrow \neg|X|red)$
- Liveness property: something good will eventually happen
  - e.g.,  $|G|(|F|green)$
  - e.g.,  $|G|(red \rightarrow |F|(green \wedge green|U|yellow))$

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# Recap: general framework of runtime verification



# Information collection

While the temporal logic is a good abstraction of specification writing in runtime verification, we still have the problem of how to collect information at runtime, especially in cases where compiler cannot provide any assistance.

# Aspect-oriented programming (AOP)

Aspect-oriented programming (AOP) is a programming paradigm that aims to increase **modularity** by allowing the **separation of cross-cutting concerns**.

It does so by adding behavior to existing code (an **advice**) **without modifying the code itself**, instead separately specifying which code is modified via a “pointcut” specification.

This allows behaviors that are not central to the business logic (such as logging for runtime verification) to be added to a program **without cluttering the code** core to the functionality.



# AOP example (with intrusive instrumentation)

```
1 void transfer(  
2     Account from,  
3     Account into,  
4     int amount,  
5 )  
6 throws Exception {  
7     if (from.getBalance() < amount)  
8         throw new InsufficientFunds();  
9  
10    from.withdraw(amount);  
11    from.deposit(amount);  
12 }
```

```
1 void transfer(  
2     Account from, Account into,  
3     int amount,  
4     + User user,  
5     + Logger logger,  
6 )  
7 throws Exception {  
8     + logger.info("Transferring...");  
9  
10    + if (!user.isAuthorised(from)) {  
11        + logger.info("no permission");  
12        + throw new Unauthorised();  
13    + }  
14  
15    if (from.getBalance() < amount)  
16        throw new InsufficientFunds();  
17  
18    from.withdraw(amount);  
19    from.deposit(amount);  
20  
21    + logger.info("Transaction done");  
22 }
```

# AOP example (with aspects)

```
1 void transfer(  
2     Account from,  
3     Account into,  
4     int amount,  
5 )  
6 throws Exception {  
7     if (from.getBalance() < amount)  
8         throw new InsufficientFunds();  
9  
10    from.withdraw(amount);  
11    from.deposit(amount);  
12 }
```

```
1 aspect Logger {  
2     Logger logger;  
3  
4     void Bank.transfer#entry(  
5         Account from, Account into,  
6         int amount,  
7     ) {  
8         logger.info("Transferring...");  
9     }  
10    void Bank.transfer#exit(  
11        Account from, Account into,  
12        int amount,  
13    ) {  
14        logger.info("Transaction done");  
15    }  
16    void User.isAuthenticated#exit(  
17        User user, Account acc,  
18        boolean success,  
19    ) {  
20        if (!success)  
21            logger.info("no permission");  
22    }  
23 }
```

# Criticism

The most basic criticism of the effect of AOP is that **control flow is obscured**. The **obliviousness of application** means that the advices applied are invisible, therefore,

*one must, in general, have whole-program knowledge to reason about the dynamic execution of an aspect-oriented program.*

Based on [Gary T. Leavens's report](#).

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# Introduction

Control-Flow Integrity (CFI) is a classic example of **runtime reference monitor** in software security.

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Control-Flow Integrity (CFI) is a classic example of **runtime reference monitor** in software security.

CFI is also sometimes referred to as **program shepherding**

*monitoring control flow transfers during program execution to enforce a security policy — from [a paper in USENIX Security'02](#).*

# Basic use cases of CFI

```
1 void f1();
2 void f2();
3 void f3();
4 void f4(int, int);
5
6 void foo(int usr) {
7     void (*func)();
8
9     if (usr == MAGIC)
10        func = f1;
11    else
12        func = f2;
13
14    // forward edge CFI check
15    CHECK_CFI_FORWARD(func);
16    func();
17
18    // backward edge CFI check
19    CHECK_CFI_BACKWARD();
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```

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## Option 1: allow all functions

- f1, f2, f3, f4, foo, printf, system, ...



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## Option 3: allow functions with type signature `void (*)()`

- f1, f2, f3

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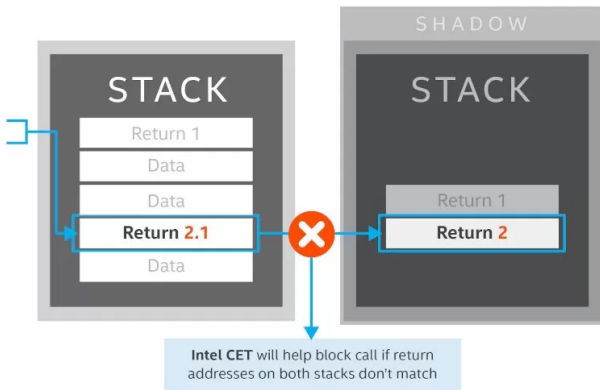
## Option 4: allow functions whose address are taken (e.g., assigned)

- f1, f2

# Back-edge protection: shadow stack

## SHADOW STACK (SS)

SS delivers return address protection to defend against return-oriented programming (ROP) attack methods.



# Security boundaries of CFI-protected programs

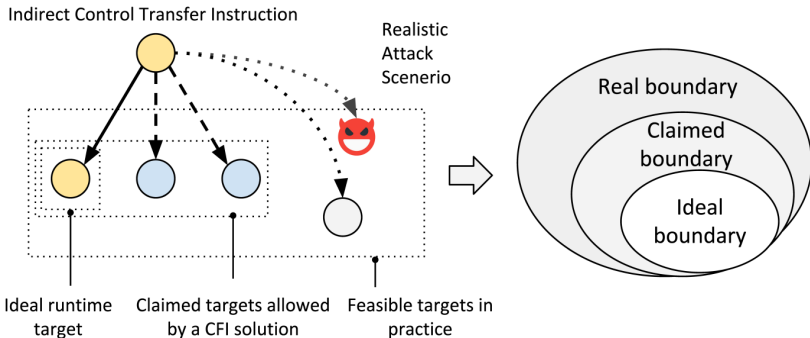


Figure from [a paper published in ACM CCS'20](#)

⟨ **End** ⟩