

# Trigonometric Integration

Goal: Integrate functions involving sines and cosines or tangent and secants.

We take a scaffolding approach to this problem:

(i)  $\int (1 - \sin^2(x)) \sin^3(x) \cos(x) dx$

(ii)  $\int \cos^2(x) \sin^3(x) \cos(x) dx$

(iii)  $\int \cos^3(x) \sin^3(x) dx$

**The idea:** when a power of either cosine or sine is odd, separate a power of the odd function, then use the substitution  $\sin^2(x) + \cos^2(x) = 1$ .

What about for even powers? Use double angle formulas!

$$(i) \int \frac{1+\cos(2x)}{2} dx$$

$$(ii) \int \cos^2(x) dx$$

$$(iii) \int \frac{1-\cos(2x)}{2} dx$$

$$(iv) \int \sin^2(x) dx$$

(v)  $\int \cos^4(x) dx$

### Rules for integrating powers of sine and cosine

- (i) If the power of  $\sin(x)$  (or  $\cos(x)$ ) is odd, split off a power of  $\sin(x)$  (or  $\cos(x)$ ) and change the other powers using  $\sin^2 = 1 - \cos^2(x)$  (or  $\cos^2 = 1 - \sin^2(x)$ ). Then substitute  $u = \cos(x)$  (or  $u = \sin(x)$ ).

For example, if  $m$  is an odd integer, then

$$\int \sin^m(x) \cos^n(x) dx = \int \sin^{m-1}(x) \cos^n(x) \sin(x) dx = \int (1 - \cos^2(x))^{(m-1)/2} \cos^n(x) \sin(x) dx$$

then let  $u = \cos(x)$ .

- (ii) If both powers are even, then use the double angle formulas.

$$\sin(2x) = 2 \sin(x) \cos(x) \quad \cos(2x) = \cos^2(x) - \sin^2(x) = 2 \cos^2(x) - 1 = 1 - 2 \sin^2(x)$$

$$\cos^2(x) = \frac{1 + \cos(2x)}{2} \quad \sin^2(x) = \frac{1 - \cos(2x)}{2}$$

What's the key idea in all this? The key is that  $\sin(x)$  and  $\cos(x)$  are derivatives of each other! Let's try this with  $\tan(x)$  and  $\sec(x)$ .

(i)  $\int \tan^6(x) \sec^2(x) dx$

(ii)  $\int \tan^6(x)(\tan^2(x) + 1) \sec^2(x) dx$

(iii)  $\int \tan^6(x) \sec^4(x) dx$

What about these examples?

(i)  $\int (\sec^2(x) - 1)^2 \sec^2(x)(\tan(x) \sec(x)) dx$

(ii)  $\int \tan^4(x) \sec^2(x) \tan(x) \sec(x) dx$

(iii)  $\int \tan^5(x) \sec^3(x) dx$

### Rules for integrating powers of tangent and secant

- (i) If the power of  $\sec(x)$  is even and not zero, split off a power of  $\sec^2(x)$  and change the other powers using  $\sec^2(x) = 1 + \tan^2(x)$ . Then substitute  $u = \tan(x)$ .

For example, if  $m$  and  $n$  are even integers, then

$$\begin{aligned}\int \sec^m(x) \tan^n(x) dx &= \int \sec^{m-2}(x) \tan^n(x) \sec^2(x) dx \\ &= \int (1 + \tan^2(x))^{(m-2)/2} \tan^n(x) \sec^2(x) dx\end{aligned}$$

then let  $u = \tan(x)$ .

- (ii) If the power of  $\tan(x)$  is odd (and we have at least one copy of  $\sec(x)$ ), then split off a  $\tan(x) \sec(x)$  term and substitute the remaining powers of  $\tan(x)$  using  $\tan^2 = \sec^2(x) - 1$ . Then substitute  $u = \sec(x)$ .

For example, if  $n$  is an odd integer and  $m$  is at least one, then

$$\begin{aligned}\int \sec^m(x) \tan^n(x) dx &= \int \sec^{m-1}(x) \tan^{n-1}(x) \sec(x) \tan(x) dx \\ &= \int \sec^{m-1}(x) (\sec^2(x) - 1)^{(n-1)/2} \sec(x) \tan(x) dx\end{aligned}$$

and finally substitute  $u = \sec(x)$ .

**NB** If the powers of  $\tan(x)$  and  $\sec(x)$  don't fall into the above rules, then the proper strategy varies wildly (recall the integrals of  $\tan(x)$  and  $\sec(x)$  for example).

**NB** This idea can be applied to  $\csc(x)$  and  $\cot(x)$  but I will not elaborate in class.

## List of trigonometric identities

(i)  $\sin^2(x) + \cos^2(x) = 1$

(ii)  $\tan^2(x) + 1 = \sec^2(x)$  (divide the first equation by  $\cos^2(x)$ ).

(iii)  $\sin(A \pm B) = \sin(A) \cos(B) \pm \cos(A) \sin(B)$ . This combines the two identities given by

$$\sin(A+B) = \sin(A) \cos(B) + \sin(B) \cos(A) \quad \text{and} \quad \sin(A-B) = \sin(A) \cos(B) - \sin(B) \cos(A)$$

(iv)  $\cos(A \pm B) = \cos(A) \cos(B) \mp \sin(A) \sin(B)$ . This combines the two identities given by

$$\cos(A+B) = \cos(A) \cos(B) - \sin(A) \sin(B) \quad \text{and} \quad \cos(A-B) = \cos(A) \cos(B) + \sin(A) \sin(B)$$

(v)  $\sin(2x) = 2 \sin(x) \cos(x)$

(vi)  $\cos(2x) = \cos^2(x) - \sin^2(x) = 2 \cos^2(x) - 1 = 1 - 2 \sin^2(x)$

(vii)  $\cos^2(x) = \frac{1 + \cos(2x)}{2}$

(viii)  $\sin^2(x) = \frac{1 - \cos(2x)}{2}$

**NB** The above are for a general  $x$  so for example,

$$\cos(4x) = \cos(2(2x)) = \cos^2(2x) - \sin^2(2x) = 2 \cos^2(2x) - 1 = 1 - 2 \sin^2(2x)$$

and similarly,

$$\cos^2(2x) = \frac{1 + \cos(4x)}{2} \quad \sin^2(2x) = \frac{1 - \cos(4x)}{2}$$