



# Mean Value Inequalities for Motzkin Numbers

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## Abstract

Following up on results of Aigner, we present some inequalities for Motzkin numbers  $M_n$ . In particular, we prove that the sequence  $(1/M_n)_{n \geq 1}$  is strictly convex.

## 1 Introduction

The Motzkin numbers, named after the American mathematician Theodore S. Motzkin (1908–1970), are defined by

$$M_n = \sum_{k=0}^{\lfloor n/2 \rfloor} \frac{1}{k+1} \binom{2k}{k} \binom{n}{2k} \quad (n = 0, 1, 2, \dots).$$

They satisfy the recurrence relation

$$M_n = \frac{2n+1}{n+2}M_{n-1} + \frac{3(n-1)}{n+2}M_{n-2} \quad (n \geq 2). \quad (1)$$

The generating function is given by

$$\frac{1}{2x^2} \left( 1 - x - \sqrt{1 - 2x - 3x^2} \right) = \sum_{n=0}^{\infty} M_n x^n.$$

Here are the first few Motzkin numbers (see the sequence [A001006](#) in [3]):

$$1, \quad 1, \quad 2, \quad 4, \quad 9, \quad 21, \quad 51, \quad 127, \quad 323, \quad 835.$$

The Motzkin numbers have interesting applications in number theory and geometry, and they play an important role in various counting problems. For instance,  $M_n$  is the number of paths from  $(0, 0)$  to  $(n, 0)$  in the integer plane  $\mathbb{Z} \times \mathbb{Z}$  which never dip below the  $x$ -axis and use only steps  $(1, 0)$ ,  $(1, 1)$  and  $(1, -1)$ . Donaghey and Shapiro [2] presented a selection of 14 situations where these numbers occur; also see Stanley [4].

This note was inspired by an interesting paper published by Aigner [1] in 1998. He used tools from linear algebra to prove the inequalities

$$M_n < 3M_{n-1} \quad (n \geq 1), \quad (2)$$

$$M_n^2 \leq M_{n-1}M_{n+1} \quad (n \geq 1), \quad (3)$$

and the limit relation

$$\lim_{n \rightarrow \infty} \frac{M_{n-1}}{M_n} = \frac{1}{3}.$$

A combinatorial proof of (3) was given by Sun and Wang [5]. From (3) we conclude that the sequence  $(M_n)_{n \geq 0}$  is log-convex.

Here, we present counterparts of (3). In particular, we show that the sequence  $(1/M_n)_{n \geq 1}$  is strictly convex. This result and (3) lead to the double-inequality

$$\frac{2}{1/M_{n-1} + 1/M_{n+1}} < M_n \leq \sqrt{M_{n-1}M_{n+1}} \quad (n \geq 2).$$

Therefore, we see that if  $n \geq 2$ , then  $M_n$  separates the harmonic and geometric means of  $M_{n-1}$  and  $M_{n+1}$ .

We introduce the following notation. Let  $a$  and  $b$  be positive real numbers. The weighted harmonic and geometric means of  $a$  and  $b$  are defined by

$$H_t(a, b) = \frac{1}{t/a + (1-t)/b} \quad \text{and} \quad G_t(a, b) = a^t b^{1-t} \quad (0 \leq t \leq 1),$$

respectively. For  $t = 1/2$  we obtain the unweighted harmonic and geometric means of  $a$  and  $b$  as follows:

$$H(a, b) = \frac{2ab}{a+b} \quad \text{and} \quad G(a, b) = \sqrt{ab}.$$

Moreover, let

$$F_t(a, b) = tG(a, b) + (1-t)H(a, b) \quad (t \in \mathbb{R}).$$

We remark that there is a connection between  $F_t(a, b)$  and the so-called Heron means,

$$K_t(a, b) = tA(a, b) + (1-t)G(a, b),$$

where  $A(a, b) = (a+b)/2$  denotes the arithmetic mean of  $a$  and  $b$ . We have

$$A(a, b)F_t(a, b) = G(a, b)K_t(a, b).$$

## 2 Inequalities

First, we offer lower and upper bounds for  $M_n$  in terms of weighted harmonic and geometric means of  $M_{n-1}$  and  $M_{n+1}$ .

**Theorem 1.** *Let  $v, w \in (0, 1)$ . The inequalities*

$$H_v(M_{n-1}, M_{n+1}) \leq M_n \leq G_w(M_{n-1}, M_{n+1}) \tag{4}$$

hold for all  $n \geq 2$  if and only if  $v \geq 5/14 = 0.35714\dots$  and  $w \leq 1/2$ .

*Proof.* We assume that (4) is valid for all  $n \geq 2$ . Then,

$$H_v(M_2, M_4) \leq M_3 \quad \text{and} \quad M_2 \leq G_w(M_1, M_3).$$

This leads to

$$\frac{1}{v/2 + (1-v)/9} \leq 4 \quad \text{and} \quad 2 \leq 4^{1-w}.$$

It follows that  $v \geq 5/14$  and  $w \leq 1/2$ .

Next, let  $w \leq 1/2$  and  $\lambda_n = M_{n-1}/M_n$ . From (3) we obtain  $\lambda_n \leq \lambda_2 = 1/2$  for  $n \geq 2$ . Thus,

$$\begin{aligned} G_w(M_{n-1}, M_{n+1}) &= (\lambda_n \lambda_{n+1})^w M_{n+1} \\ &\geq (\lambda_n \lambda_{n+1})^{1/2} M_{n+1} \\ &= G_{1/2}(M_{n-1}, M_{n+1}) \geq M_n. \end{aligned}$$

The left-hand side of (4) is equivalent to

$$Q_n \leq v,$$

where

$$Q_n = \frac{M_{n-1}(M_{n+1} - M_n)}{M_n(M_{n+1} - M_{n-1})} = \frac{\lambda_n(1 - \lambda_{n+1})}{1 - \lambda_n\lambda_{n+1}}.$$

It remains to show that for  $n \geq 2$ ,

$$Q_n \leq \frac{5}{14}. \quad (5)$$

We have  $Q_2 = 1/3$  and  $Q_3 = 5/14$ . Let  $n \geq 4$ . Inequality (5) can be written as

$$0 \leq \frac{5}{\lambda_n} + 9\lambda_{n+1} - 14.$$

Applying (1) gives

$$\frac{1}{\lambda_n} = \frac{2n + 1 + 3(n-1)\lambda_{n-1}}{n+2} \quad \text{and} \quad \lambda_{n+1} = \frac{n+3}{2n+3+3n\lambda_n}. \quad (6)$$

From (3) we conclude that  $\lambda_n \leq \lambda_{n-1}$ , so that we get

$$\lambda_{n+1} \geq \frac{n+3}{2n+3+3n\lambda_{n-1}}. \quad (7)$$

Using (6) and (7) yields

$$\begin{aligned} \frac{5}{\lambda_n} + 9\lambda_{n+1} - 14 &\geq \frac{5(2n+1+3(n-1)\lambda_{n-1})}{n+2} + \frac{9(n+3)}{2n+3+3n\lambda_{n-1}} - 14 \\ &= \frac{S_n}{(n+2)(2n+3+3n\lambda_{n-1})}, \end{aligned}$$

where

$$S_n = n^2 - 13n - 15 + 9(2n^2 - 6n - 5)\lambda_{n-1} + 45(n^2 - n)\lambda_{n-1}^2.$$

From (2) we obtain  $\lambda_{n-1} > 1/3$ . Thus,

$$S_n > n^2 - 13n - 15 + 9(2n^2 - 6n - 5)\frac{1}{3} + 45(n^2 - n)\frac{1}{9} = 6(2n^2 - 6n - 5) > 0.$$

This implies that (5) holds. The proof of Theorem 1 is now complete.  $\square$

Our second result yields sharp bounds for  $M_n$  in terms of  $F_t(M_{n-1}, M_{n+1})$ . The following companion to (4) is valid.

**Theorem 2.** *Let  $\alpha, \beta \in \mathbb{R}$ . The inequalities*

$$F_\alpha(M_{n-1}, M_{n+1}) \leq M_n \leq F_\beta(M_{n-1}, M_{n+1}) \quad (8)$$

hold for all  $n \geq 2$  if and only if

$$\alpha \leq \frac{8}{3(11\sqrt{2} - 12)} = 0.74983\dots \quad \text{and} \quad \beta \geq 1.$$

*Proof.* First, we assume that (8) is valid for all  $n \geq 2$ . Then we have

$$F_\alpha(M_2, M_4) \leq M_3 \quad \text{and} \quad M_2 \leq F_\beta(M_1, M_3),$$

and hence,

$$\sqrt{18}\alpha + \frac{36}{11}(1 - \alpha) \leq 4 \quad \text{and} \quad 2 \leq 2\beta + \frac{8}{5}(1 - \beta).$$

Therefore, it follows that

$$\alpha \leq \frac{8}{3(11\sqrt{2} - 12)} \quad \text{and} \quad 1 \leq \beta.$$

Applying (3) and the fact that  $F_t(a, b)$  is increasing with respect to  $t$  we obtain for  $\beta \geq 1$  and  $n \geq 2$ ,

$$M_n \leq F_1(M_{n-1}, M_{n+1}) \leq F_\beta(M_{n-1}, M_{n+1}).$$

Let

$$\alpha_0 = \frac{8}{3(11\sqrt{2} - 12)}.$$

We have to show that for  $n \geq 2$ ,

$$F_{\alpha_0}(M_{n-1}, M_{n+1}) \leq M_n,$$

or, equivalently,

$$\alpha_0 \leq R_n,$$

where

$$R_n = \frac{M_n - H(M_{n-1}, M_{n+1})}{G(M_{n-1}, M_{n+1}) - H(M_{n-1}, M_{n+1})}.$$

By direct computation we find

$$\begin{aligned} R_2 = 1, \quad R_3 = \alpha_0, \quad R_4 = 0.932\dots, \quad R_5 = 0.930\dots, \quad R_6 = 0.958\dots, \\ R_7 = 0.966\dots, \quad R_8 = 0.974\dots, \quad R_9 = 0.979\dots, \quad R_{10} = 0.983\dots \end{aligned}$$

Let  $n \geq 11$ . It suffices to prove that  $R_n > 3/4$ , or, equivalently,

$$3G(M_{n-1}, M_{n+1}) + H(M_{n-1}, M_{n+1}) < 4M_n. \tag{9}$$

As before, let  $\lambda_n = M_{n-1}/M_n$ . Then, (9) can be written as

$$0 < U_n - V_n,$$

where

$$U_n = 4 - 2\left(\frac{1}{\lambda_n} + \lambda_{n+1}\right)^{-1} \quad \text{and} \quad V_n = 3\sqrt{\lambda_n \frac{1}{\lambda_{n+1}}}.$$

Using (6) gives

$$\begin{aligned} U_n &= 4 - 2 \left( \frac{1}{\lambda_n} + \frac{n+3}{2n+3+3n\lambda_n} \right)^{-1} \\ &= \frac{2(4n+6+3(n+1)\lambda_n+3n\lambda_n(1-\lambda_n))}{2n+3+(4n+3)\lambda_n} \end{aligned}$$

and

$$V_n = 3 \sqrt{\lambda_n \frac{2n+3+3n\lambda_n}{n+3}}.$$

Now we have

$$\begin{aligned} &(U_n^2 - V_n^2)(n+3)(2n+3+(4n+3)\lambda_n)^2 \\ &= P_1(\lambda_n)n^3 + P_2(\lambda_n)n^2 + P_3(\lambda_n)n + P_4(\lambda_n) \end{aligned} \quad (10)$$

with

$$\begin{aligned} P_1(t) &= -396t^4 - 864t^3 - 348t^2 + 120t + 64, \\ P_2(t) &= -540t^4 - 2340t^3 - 1260t^2 + 636t + 384, \\ P_3(t) &= -243t^4 - 1512t^3 - 1503t^2 + 810t + 720, \\ P_4(t) &= -243t^3 - 378t^2 + 189t + 432. \end{aligned}$$

Since  $P_j''(t) < 0$  ( $j = 1, 2, 3, 4$ ) for  $t \geq 0$ , we conclude that the functions  $P_1, P_2, P_3$ , and  $P_4$  are concave on  $[0, \infty)$ . It follows that, for  $t \in [0, 0.38]$ ,

$$P_j(t) \geq m_j \quad (j = 1, 2, 3, 4),$$

where

$$m_j = \min\{P_j(0), P_j(0.38)\}.$$

We have

$$m_1 = 3.68\dots, \quad m_2 = 304.07\dots, \quad m_3 = 720, \quad m_4 = 432.$$

Thus, it follows that  $P_j(t) > 0$  ( $j = 1, 2, 3, 4$ ). Since  $(\lambda_n)_{n \geq 1}$  is decreasing, we obtain  $\lambda_n \leq \lambda_{11} = 0.377\dots$ . From (10) we conclude that  $U_n^2 - V_n^2 > 0$ , so that  $U_n + V_n > 0$  leads to  $U_n - V_n > 0$ . This completes the proof of Theorem 2.  $\square$

*Remark 3.*

- (i) Computer calculations reveal that for  $n = 4, 5, \dots, 500$  the lower bound given in (8) with  $\alpha = 8/(33\sqrt{2} - 36)$  is greater than the lower bound in (4) with  $v = 5/14$ .
- (ii) Aigner's inequality (3) can be written as

$$\frac{M_n - M_{n-1}}{M_{n+1} - M_n} \leq \frac{M_n}{M_{n+1}}. \quad (11)$$

It is possible to show that the following counterpart of (11) holds.

**Theorem 4.** *For all  $n \geq 2$  we have*

$$c_0 \frac{M_n}{M_{n+1}} \leq \frac{M_n - M_{n-1}}{M_{n+1} - M_n} \leq c_1 \frac{M_n}{M_{n+1}}$$

*with the best possible constant factors  $c_0 = 9/10$  and  $c_1 = 1$ .*

This result can be proved by using the same method as in the proof of Theorem 2. So we omit the details.

### 3 Acknowledgments

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### References

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(Concerned with sequences [A001006](#) and [A114473](#).)

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