

Re: sick leave

Richard Mann <mannr@uwaterloo.ca>

Fri 2/17/2023 2:56 PM

To: Karen Parkinson <kparkinson@uwaterloo.ca>

Bcc: Edward Vrscay <ervrscay@UWATERLOO.CA>

Feb 17 2023

Dear Karen Parkinson, RN, Occupational Health

I will take your letter now to my Doctor and get her to respond.

I will also book an appointment with my psychologist and get a response as well.

I will get reports from both of them and I would like them added to my file.

My goal as well as the specific questions asked, is to enter into the record my mental state and stress level throughout this process.

I believe I have suffered undue stress at the hands of my institution and I am documenting this fact. I refer you to our previous correspondence ending Nov 25, 2022 as evidence of the previous stress specifically caused by Occupational Health. Further stressors are documented elsewhere.

I will get back to you once I have appointments booked and then again, once appointments are completed.

Sincerely,
Richard Mann

From: Karen Parkinson <kparkinson@uwaterloo.ca>

Sent: Friday, February 17, 2023 1:05 PM

To: Richard Mann

Subject: RE: sick leave

Hello again,

I have attached the letter for your doctor.

Please take to your visit with you, or if you prefer, I am happy to fax it directly for you.

Karen

-----Original Message-----

From: Karen Parkinson <kparkinson@uwaterloo.ca>

Sent: Wednesday, February 15, 2023 10:52 AM

To: Richard Mann <mannr@uwaterloo.ca>

Subject: RE: sick leave

Thank you Richard.

I am happy to prepare a letter for your doctor to review. Usually I follow up at about 4 weeks of absence, which will be end February/early March. I will send you the letter shortly to take to your physician. Please prepare for this by booking an appointment with your physician ahead of time so there is no time delay in receiving a reply.

Take care,
Karen

-----Original Message-----

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Thursday, February 09, 2023 11:58 AM
To: Karen Parkinson <kparkinson@uwaterloo.ca>
Subject: Re: sick leave

Continuing on my case...

A few more points:

- I do not consent to having my file sent over to a third party provider,
- From now on, I be included in all further correspondence related to my case.

Sincerely,
Richard Mann

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Thursday, February 9, 2023 11:48 AM
To: Karen Parkinson
Subject: Re: sick leave

Hello, I remind you of our past correspondence (Nov 25, 2021) during my past leave, where you kept asking me for monthly updates. At that point I indicated that I perceived these constant updates as being detrimental to my recovery.

Instead, perhaps you can formulate specific questions (if any) you have for my Doctor. And I will ask her to fill in on a future visit.

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Thursday, February 9, 2023 10:14 AM
To: Karen Parkinson
Subject: Re: sick leave

I respectfully ask you to contact my doctor if you have any further questions.

She also mentioned that during this entire process (up till now) no one has contacted her.

From: Karen Parkinson <kparkinson@uwaterloo.ca>
Sent: Thursday, February 9, 2023 10:04 AM
To: Richard Mann
Subject: RE: sick leave

Thank you, Richard. Do you have a date of reassessment, so I know when to follow up?
We usually require updates every 4 weeks or so.

Take care,
Karen

-----Original Message-----

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Thursday, February 09, 2023 9:59 AM
To: Karen Parkinson <kparkinson@uwaterloo.ca>
Subject: Re: sick leave

Update,
Attended Doctor on Feb 7,

Sorry for the delay
Now working on getting back to health.

Sincerely,
Richard

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Wednesday, February 1, 2023 8:27 AM
To: Karen Parkinson
Subject: Re: sick leave

Update, Feb 1, 2023

I have booked an appt with my Family Doctor Feb 7 2023

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Friday, January 27, 2023 5:32 PM
To: Karen Parkinson
Subject: Re: sick leave

Update Jan 27 2023

I called my Dr at 11:30 today but got bumped off due to high call volume, will continue on Monday.

I gave my last office hour today. I am sad that I had to stop teaching, but glad I was able to prepare and deliver lectures (three weeks, six lectures). Much of the last months were spent preparing background material for this class.

I have informed those around me that I will still be on campus, but only infrequently.

I will follow up with you once I have a Dr appt.

Richard

From: Karen Parkinson <kparkinson@uwaterloo.ca>
Sent: Thursday, January 26, 2023 4:07 PM
To: Richard Mann
Subject: RE: sick leave

For now, yes I would treat the same, We are looking into getting our forms changed to include both physical and psychological/cognitive.

Thank you,
Karen

-----Original Message-----

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Thursday, January 26, 2023 4:05 PM
To: Karen Parkinson <kparkinson@uwaterloo.ca>
Subject: Re: sick leave

How does the doctor fill this out for mental illness?
Is physically unable the same as mentally unable?

From: Karen Parkinson <kparkinson@uwaterloo.ca>
Sent: Thursday, January 26, 2023 12:22 PM
To: Richard Mann
Subject: RE: sick leave

Hello Richard,
I am sorry to hear you are unwell. Here is our sick leave form for your physician to complete to support sick leave.
I hope you have supports in place, here is our EFAP program number if you require additional supports: 1800-663-1142 Take care, Karen

-----Original Message-----

From: Richard Mann <mannr@uwaterloo.ca>
Sent: Thursday, January 26, 2023 11:43 AM
To: Raouf Boutaba <rboutaba@uwaterloo.ca>; Mark Giesbrecht <mwg@uwaterloo.ca>; Karen Parkinson <kparkinson@uwaterloo.ca>; Chelsey Heystee

<cheystee@uwaterloo.ca>; Roydon Fraser <rafraser@uwaterloo.ca>
Subject: Re: sick leave

Dear All,

I am writing today to declare myself on sick leave.

I announced to my teaching team and to my class today.

I cannot perform my teaching duties in my current state.

Sincerely,
Richard Mann